



## Signposting briefing

This signposting briefing accompanies the training video at <https://youtu.be/u6N0tQrX7FI> from the Drug and Alcohol Recovery Service to support with the broader aspects of drug misuse and recovery, and hence with the completion of the CPPE Declaration of Competence for supervised consumption of prescribed medicines (Appendix 1).

This local resource complements the suggested resources and training available from CPPE at <https://www.cppe.ac.uk/gateway/substance>.

<b>CPPE competency question</b>	<b>Useful resources to accompany the local training video</b>
<p>Do you understand the terminology and definitions of substance misuse, drug dependence and the theories of these; and the concept and practice of harm reduction and recovery?</p>	<p>Free online training courses available from the Drug and Alcohol Recovery Service at <a href="https://codurhamrecovery.co.uk/get-support/training/">https://codurhamrecovery.co.uk/get-support/training/</a>, e.g. BITESIZE - Blood Borne Virus &amp; Substance Misuse; Basic Harm Reduction.</p> <p>Further information on blood borne viruses and testing:</p> <ul style="list-style-type: none"> <li>• Hepatitis: <a href="https://www.nhs.uk/conditions/hepatitis/">https://www.nhs.uk/conditions/hepatitis/</a> and <a href="https://codurhamrecovery.co.uk/advice/hepatitis-c/">https://codurhamrecovery.co.uk/advice/hepatitis-c/</a>.</li> <li>• HIV: <a href="https://www.nhs.uk/conditions/hiv-and-aids/">https://www.nhs.uk/conditions/hiv-and-aids/</a>.</li> </ul> <p>Testing: Information at <a href="https://cddft.nhs.uk/our-services/division-of-women,-children-and-sexual-health/sexual-health-services.aspx">https://cddft.nhs.uk/our-services/division-of-women,-children-and-sexual-health/sexual-health-services.aspx</a>:</p> <ul style="list-style-type: none"> <li>• <i>If you are living in County Durham, you can order a free HIV test at <a href="https://freetesting.hiv/">https://freetesting.hiv/</a>.</i></li> <li>• <i>If you are living in County Durham or Darlington you can order a free testing kit for Chlamydia, Gonorrhoea, Syphilis and HIV from <a href="https://sh24.org.uk/">https://sh24.org.uk/</a>.</i></li> </ul>
<p>Do you understand the terminology; nomenclature of both official and 'street' names for commonly used drugs and definitions of drug dependence?</p>	<p>Free online training courses available from the Drug and Alcohol Recovery Service at <a href="https://codurhamrecovery.co.uk/get-support/training/">https://codurhamrecovery.co.uk/get-support/training/</a>, e.g. Basic Drug Awareness.</p> <p>Information at <a href="https://www.talktofrank.com/">https://www.talktofrank.com/</a>.</p> <p>Awareness of national and local drug trends identified in the training video. Useful links:</p> <ul style="list-style-type: none"> <li>• Potent synthetic opioids implicated in heroin overdoses and deaths. <a href="https://cpe.org.uk/our-news/national-patient-safety-alert-potent-synthetic-opioids-implicated-in-heroin-overdoses-and-deaths/">https://cpe.org.uk/our-news/national-patient-safety-alert-potent-synthetic-opioids-implicated-in-heroin-overdoses-and-deaths/</a>.</li> <li>• Potent synthetic opioids: preparing for a future threat. <a href="https://www.gov.uk/government/publications/fentanyl-preparing-for-a-future-threat">https://www.gov.uk/government/publications/fentanyl-preparing-for-a-future-threat</a>.</li> <li>• Nitrous oxide re-classified. <a href="https://www.talktofrank.com/news/nitrousoxidebannedintheuk">https://www.talktofrank.com/news/nitrousoxidebannedintheuk</a></li> <li>• Cannabis in disposable vapes. <a href="https://www.talktofrank.com/news/cannabisvapes">https://www.talktofrank.com/news/cannabisvapes</a></li> <li>• Cannabis oil in sweets. <a href="https://www.talktofrank.com/news/dodgycannabisedibles">https://www.talktofrank.com/news/dodgycannabisedibles</a></li> <li>• Codeine linctus used recreationally to make a drink known as 'Purple Drank', 'Lean', 'Dirty Sprite' or 'Sizzurp' This is a mix of codeine linctus, promethazine and fizzy drinks. <a href="https://www.gov.uk/government/consultations/mhra-public-consultation-on-the-proposal-to-make-codeine-linctus-available-as-a-prescription-only-medicine-pom">https://www.gov.uk/government/consultations/mhra-public-consultation-on-the-proposal-to-make-codeine-linctus-available-as-a-prescription-only-medicine-pom</a>.</li> </ul>



CPPE competency question	Useful resources to accompany the local training video
<p>Do you understand the management of substance misuse, including multidisciplinary team working, assessment and care planning, pharmacotherapeutic and non-pharmacotherapeutic options?</p>	<p>Support provided by the Drug and Alcohol Recovery Service at <a href="https://codurhamrecovery.co.uk/get-support/">https://codurhamrecovery.co.uk/get-support/</a>.</p> <p>For the clinical service, resources include:</p> <ul style="list-style-type: none"> <li>• Annual Update Briefing – Pharmacy Supervised Consumption Service at <a href="https://www.cpniec.org.uk/drug-and-alcohol/">https://www.cpniec.org.uk/drug-and-alcohol/</a>.</li> <li>• NICE Opioid Dependence Clinical Knowledge Summaries at <a href="https://cks.nice.org.uk/topics/opioid-dependence/">https://cks.nice.org.uk/topics/opioid-dependence/</a>.</li> </ul> <p>Commissioned pharmacy services:</p> <ul style="list-style-type: none"> <li>• Needle exchange service: Commissioned by Humankind. Email <a href="mailto:Katie.Fowler@humankindcharity.org.uk">Katie.Fowler@humankindcharity.org.uk</a>.</li> <li>• Naloxone supply service: Commissioned by Durham County Council. <a href="https://www.cpniec.org.uk/county-durham-services-2/">https://www.cpniec.org.uk/county-durham-services-2/</a>.</li> </ul>
<p>Are you able to communicate appropriately and sensitively with the client group and their peers, using discretion, privacy, respect and a non-judgmental approach, and treating them with dignity whilst applying conflict resolution skills when appropriate?</p>	<p>To consider that:</p> <ul style="list-style-type: none"> <li>• A pharmacy treatment agreement is emailed in advance to the pharmacy via the pharmacy NHS.net shared inbox.</li> </ul> <p>Supervised consumption service specification at <a href="https://www.cpniec.org.uk/county-durham-services-2/">https://www.cpniec.org.uk/county-durham-services-2/</a>.</p>
<p>Are you able to advise clients about substance misuse and enable them to take their medication as prescribed and advise on safe storage?</p>	<p>To consider that:</p> <ul style="list-style-type: none"> <li>• Take home methadone is dispensed in daily dose containers with CRCs.</li> </ul> <p>Supervised consumption service specification at <a href="https://www.cpniec.org.uk/county-durham-services-2/">https://www.cpniec.org.uk/county-durham-services-2/</a>.</p>
<p>Are you able to recognise the various symptoms and signs potentially displayed by this client group which may adversely affect their treatment and what actions to take (e.g. intoxication)?</p>	<p>To consider that:</p> <ul style="list-style-type: none"> <li>• The Service can be contacted in a number of ways e.g. mobile telephone numbers for each Centre for urgent issues; via email for non-urgent issues; PharmOutcomes notification template to the Service if a client misses 3 or more doses.</li> </ul> <p>Supervised consumption service specification at <a href="https://www.cpniec.org.uk/county-durham-services-2/">https://www.cpniec.org.uk/county-durham-services-2/</a>.</p>
<p>Are you able to advise clients on how to obtain naloxone and the benefits of having ready access to this to reduce the risk of death from opioid overdose?</p>	<p>Consider providing the commissioned pharmacy naloxone supply service:</p> <ul style="list-style-type: none"> <li>• Service specification at <a href="https://www.cpniec.org.uk/county-durham-services-2/">https://www.cpniec.org.uk/county-durham-services-2/</a> and 30-minute pharmacy service training video at <a href="https://www.cpniec.org.uk/drug-and-alcohol/">https://www.cpniec.org.uk/drug-and-alcohol/</a>.</li> </ul> <p>Alternatively:</p> <ul style="list-style-type: none"> <li>• The Drug and Alcohol Recovery Service will provide naloxone (<a href="https://codurhamrecovery.co.uk/advice/opiates-and-naloxone/">https://codurhamrecovery.co.uk/advice/opiates-and-naloxone/</a>)</li> <li>• Consider the information at <a href="https://www.nyxoid.com/uk/hcp/about">https://www.nyxoid.com/uk/hcp/about</a> and <a href="http://www.prenoxad injection.com/hcp/abt_naloxone.html">http://www.prenoxad injection.com/hcp/abt_naloxone.html</a>.</li> </ul>



CPPE competency question	Useful resources to accompany the local training video
Do you know how and when to refer/signpost clients regarding problems relating to their substance misuse management, missed doses and general health and social problems?	As above, to consider that: <ul style="list-style-type: none"> <li>The Service can be contacted in a number of ways e.g. mobile telephone numbers for each Centre for urgent issues; via email for non-urgent issues; PharmOutcomes notification template to the Service if a client misses 3 or more doses.</li> <li>Support provided by the Drug and Alcohol Recovery Service at <a href="https://codurhamrecovery.co.uk/get-support/how-we-support-you/">https://codurhamrecovery.co.uk/get-support/how-we-support-you/</a>.</li> </ul>
Do you understand the legislation, ethics, duty of care and professional judgement for this client group and know how and when to ask for support and advice?	As above, to consider that: <ul style="list-style-type: none"> <li>The Service can be contacted in a number of ways e.g. mobile telephone numbers for each Centre for urgent issues; via email for non-urgent issues; PharmOutcomes notification template to the Service if a client misses 3 or more doses.</li> </ul>
Are you aware of the management, planning, and delivery of pharmacy services for clients, including how to train and monitor staff to deliver these services to the required standard?	To consider the information in the: <ul style="list-style-type: none"> <li>Supervised consumption service specification at <a href="https://www.cpneec.org.uk/county-durham-services-2/">https://www.cpneec.org.uk/county-durham-services-2/</a> e.g. to keep up to date phone numbers for all clients and inform the Service if there is a pharmacist absence which prevents clients from receiving their medication.</li> <li>Supporting training resources at <a href="https://www.cpneec.org.uk/drug-and-alcohol/">https://www.cpneec.org.uk/drug-and-alcohol/</a>.</li> </ul>
Are you able to support and develop the pharmacy team in the provision of a safe and effective service?	Local resources as above. Consider the national guidance: <ul style="list-style-type: none"> <li>Community pharmacy: delivering substance misuse services. <a href="https://www.gov.uk/government/publications/community-pharmacy-delivering-substance-misuse-services">https://www.gov.uk/government/publications/community-pharmacy-delivering-substance-misuse-services</a>.</li> </ul>

## Appendix 1: Pharmacy service specification 2024-25 training requirements

The contractor should ensure that a lead pharmacist has completed the required mandated training which is to:

- Complete, or refresh every 2 years, the CPPE Declaration of Competence for supervision of prescribed medicines at <https://www.cppe.ac.uk/services/declaration-of-competence>.

Suggested learning could include:

- CPPE Substance use and misuse e-course (Units 1, 2, 3 and 4) and e-assessment (<https://www.cppe.ac.uk/programmes/l/substance-e-02>). Note: Low volume pharmacies could consider completing Unit 3 only of this training which focuses on recovery and treatment with non-pharmacological support provided by the wider multidisciplinary team, a detailed look at pharmacological treatments, and supervised consumption of opioid substitute treatments.
- Local sources of training: Annual Update Briefing 2024-26; DARS webinar signposted on the CPNEC website at <https://www.cpneec.org.uk/durham-training/>.

The lead pharmacist should be assured that all staff (pharmacists and registered technicians) are competent to deliver the service and will complete the required mandated training which is to:

- Read the service specification.

Non-mandated training:

- View the local online training signposted to on the CPNEC website at <https://www.cpneec.org.uk/durham-training/>.